Cumberland Valley
Foot and Ankle Specialists

NAME:	DATE:
HEIGHT: WEIGHT:	SHOE SIZE:

CHIEF COMPLAINT

BRIEF DESCRIPTION:	
WHERE IS THE PAIN?	ankle heel arch ball toes
TYPE OF PAIN?	dull/ache sharp shooting burning Numb/Tingling
FOR HOW LONG?	days weeks months years
WHEN?	constant AM PM standing walking sitting exercising
PREVIOUS TREATMENT	ice stretching rest advil/tylenol inserts physical therapy

LIST OTHER COMPLAINTS YOU WOULD LIKE ADDRESSED
1
2

PAST MEDICAL HISTORY *(circle relevant)*

HEART Arrythmia Congestive Heart Failure Heart Attack Heart Murmur Pacemaker Defibrillator	**VASCULAR** Stroke Claudication (Leg fatigue) High Blood Pressure Blood clots/ DVT/ PE High Cholesterol High Triglycerides	**LUNGS** Asthma Emphysema COPD Tuberculosis Sleep Apnea
HEMATOLOGIC Clotting disorder Anemia Cancer HIV/AIDS	**ENDOCRINE** Thyroid disorder Parathyroid disorder Diabetes Mellitus Type I Diabetes Mellitus Type II Diabetes Insipidus	**GENITOURINARY** Kidney Disease Dialysis Prostate Cancer BPH Pregnant
GASTROINTESTINAL Jaundice Cirrhosis Hepatitis Reflux GI Ulcers	**DERMATOLOGICAL** Wounds Rash Athlete's foot Fungal nails Psoriasis Keloids	**PSYCHIATRIC** Anxiety Depression Bipolar ADD / ADHD OCD
MUSCULOSKELETAL Joint pain / swelling Joint Replacement Osteoarthritis Back Pain Muscle ache or fatigue Gout	**RHEUMATOLOGICAL** Rheumatoid Arthritis SLE / Lupus Raynaud's Disease Connective Tissue Disease Fibromyalgia	**NEUROLOGICAL** Paralysis Seizures Numbness /Tingling Loss of Balance Migraines / Headaches Parkinson's Dementia

MEDICATIONS/DOSE

1	5	9
2	6	10
3	7	11
4	8	12

ALLERGIES/REACTION

1	Rash Hives Anaphylaxis Nausea Other:
2	Rash Hives Anaphylaxis Nausea Other:
3	Rash Hives Anaphylaxis Nausea Other:
4	Rash Hives Anaphylaxis Nausea Other:

SOCIAL HISTORY

			What kind? How much? How often?
Do you smoke?	Yes	No	
Did you ever smoke?	Yes	No	
Do you drink alcohol?	Yes	No	
Illicit drug use	Yes	No	
Do you exercise?	Yes	No	

PAST SURGERY

PROCEDURE	REASON	DATE

FAMILY HISTORY

Heart Problems	Father	Mother	Brother	Sister
High Blood Pressure	Father	Mother	Brother	Sister
Diabetes	Father	Mother	Brother	Sister
Cancer	Father	Mother	Brother	Sister
Clotting disorder	Father	Mother	Brother	Sister